

Start e-skills VIEW  
 Choose 'Gathering evidence'  
 Choose 'Gathering evidence 3'



Now choose the employer:

## Dover Coastguard



Like many organisations, you will find an 'operations' area in which the core of the business is seen to be at work.

Use the Gathering evidence 3 link to the Operations area. Check the map to see where in the Station you have arrived.

Explore this room through the four places where you can use a rotary image. You can get a good sense of the layout of this area by visiting the four points.

1. There are three people that you can interview in the Operations area. From some of their answers, describe accurately the working hours for those on 'watch' at the station.
2. Can an employee work as many hours as they like?
3. What are the risks associated with long working hours ?
4. Do you think some jobs are 'safer' to work long hours than others?
5. Find out what you can about the 'working time directive' at the Health and Safety Executive website ([www.hse.gov.uk](http://www.hse.gov.uk)).

Each watch officer may find themselves sitting at their desk for some time. Even this work activity can present a risk to health.

- 6 How is the time spent at a desk made as comfortable as possible?

The HSE produce guidelines on workstations that address a range of factors including the screens that are used and the chairs employees sit in. Checkout the 'Display Screen Regulations' on the HSE website.

Listen to Sarah's interview and her answer to the question about the 'challenging aspects of her role'.

- 7 Can 'stress' be a hazard to an employee's health and safety?

Click the 'ge 3' (Gathering evidence 3) button to the left of the map in the bottom right hand corner and you will return to the Gathering evidence 3 list of employers.

